Manassas Ballet Academy-2023-2024 Schedule

CLASSES SUBJECT TO CHANGE

	Mon Studio A	Mon Studio B	Tues Studio A	Tues Studio B	Wed Studio A	Wed Studio B	Thurs Studio A	Thurs Studio B	Fri Studio A	Fri Studio B	Sat Studio A	Sat Studio B
9:00 AM												Pre-Dance 9:00-10:00
9:30 AM											Pre-Ballet V-Ballet II w/Pointe & Pre-Pointe 9:30-11:00	
10:00 AM												Pre-Ballet I/II 10:00-11:00
10:30 AM												
11:00 AM											Yoga 11:00-12:00	Pre-Ballet III/IV 11:00-12:00
11:30 AM												
12:00 PM											Ballet VIII-X Company w/Pointe 12:00-2:00	Ballet III-VII w/Pointe 12:00-2:00
12:30 PM												
1:00 PM												
1:30 PM												
2:00 PM												
2:30 PM												
3:00 PM	Ballet VIII-X w/Pointe 3:00-5:00				Ballet VIII-X w/Pointe 3:00-5:00				Ballet VIII-X w/Pointe 3:00-5:00			
3:30 PM		Ballet VI/VII 3:30-5:00	Ballet V-X 3:30-5:00			Ballet VI/VII 3:30-5:00	Ballet V-X 3:30-5:00			Ballet VI/VII w/Pointe 3:30-5:00		
4:00 PM												
4:30 PM												
5:00 PM	PBT 5:00-6:00	Pre-Dance 5:00-6:00	Variations III 5:00-6:00	Pre-Ballet I/II 5:00-6:00	Tap I 5:00-6:00	MYB 5:00-6:00	Pas de Deux 5:00-6:00	Pre-Ballet III/IV 5:00-6:00	Modern I/II 5:00-6:00	Char. III 5:00-6:00		
5:30 PM												
6:00 PM	Tap II 6:00-7:00	Tap III 6:00-7:00	Stretch & Strength 6:00-7:00	Pre-Ballet III/IV 6:00-7:00	Pilates 6:00-7:00	Pre-Ballet V/VI 6:00-7:30	MYB 6:00-7:00	Character I 6:00-7:00	Modern III 6:00-7:00	Char. II 6:00-7:00		
6:30 PM												
7:00 PM	Adult Ballet 7:00-8:30	Lyrical 7:00-8:00	Ballet III-V w/Pointe 7:00-9:00	Ballet I/II w/Pointe 7:00-9:00	Adult Ballet 7:00-8:30		Ballet III-V w/Pointe 7:00-8:30	Ballet I/II w/Pointe 7:00-8:30	Pas de Deux 7:00-8:00	Pre-Ballet V/VI 7:00-8:30		
7:30 PM						Musical Theatre I/II 7:30-8:30						
8:00 PM		Musical Theater III 8:00-9:00							Boys 8:00-9:00			
8:30 PM					Adult Conditioning 8:30-9:00		Variations II 8:30-9:00	Variations I 8:30-9:00				
9:00 PM												