Manassas Ballet Academy - 2025-2026 Schedule

CLASSES SUBJECT TO CHANGE

	Mon Studio A	Mon Studio B	Tues Studio A	Tues Studio B	Wed Studio A	Wed Studio B	Thurs Studio A	Thurs Studio B	Fri Studio A	Fri Studio B	Sat Studio A	Sat Studio B
9:00 AM				Pre-Dance 9:00-10:00								Pre-Dance 9:00-10:00
9:30 AM											Pre-Ballet V - Ballet II 9:30-11:00	
10:00 AM												Pre-Ballet I/II 10:00-11:00
10:30 AM												
11:00 AM											Yoga 11:00-12:00	Pre-Ballet III/IV 11:00-12:00
11:30 AM												
12:00 PM											Ballet VI-X Company w/Pointe 12:00-2:00	Ballet III-V w/Pointe 12:00-2:00
12:30 PM												
1:00 PM												
1:30 PM												
2:00 PM												
2:30 PM												
3:00 PM												
3:30 PM	Ballet VII-X 3:30-5:00		Ballet VII-X 3:30-5:00		Ballet V-X 3:30-5:00		Ballet VII-X 3:30-5:00		Ballet V-X 3:30-5:00			
4:00 PM		Ballet V/VI 4:00-5:30		Ballet V/VI 4:00-6:00 w/Pointe				Ballet V/VI 4:00-6:00 w/Pointe				
4:30 PM												
5:00 PM	Stretch & Strength 5:00-6:00		Advanced Pointe & Variations 5:00-6:00		Lyrical I/II 5:00-6:00	MYB II 5:00-6:00	Pas de Deux II 5:00-6:00		Modern I/II 5:00-6:00	Character III 5:00-6:00		
5:30 PM												
6:00 PM	Tap 6:00-7:00	Musical Theater I/II 6:00-7:00	Pilates 6:00-7:00	Pre-Ballet III/IV 6:00-7:00	PBT 6:00-7:00	MYB I 6:00-7:00	Pre-Ballet I/II 6:00-7:00	Character II 6:00-7:00	Modern III 6:00-7:00	Character I 6:00-7:00		
6:30 PM												
7:00 PM	Adult Ballet 7:00-8:30	Musical Theatre III 7:00-8:00	Ballet III/IV w/Pointe 7:00-9:00	Ballet I/II w/Pointe 7:00-9:00	Adult Ballet 7:00-8:30	Pre-Ballet V/VI 7:00-8:30	Ballet III/IV w/Pointe 7:00-9:00	Ballet I/II w/Pointe 7:00-9:00	Pas de Deux I 7:00-8:00	Pre-Ballet V/VI 7:00-8:30		
7:30 PM												
8:00 PM		Lyrical III 8:00-9:00							Boys 8:00-9:00			
8:30 PM					Adult Conditioning 8:30-9:00							
9:00 PM												